

We invite you to join Diabetes New Zealand

Do you have diabetes? Does someone close to you have diabetes? Or are you a health professional involved with diabetes? If so, we invite you to take advantage of the benefits of joining Diabetes New Zealand. Our aim is to support our members, 39 local diabetes societies and health professionals.

Diabetes New Zealand is a national organisation that acts for people affected by diabetes by encouraging local support, raising awareness of diabetes, educating and informing people, and supporting research.

By joining Diabetes New Zealand you'll have support to take charge of your own health and improve your wellbeing. You can choose to join either Diabetes New Zealand direct or your local diabetes society. If you join a local society you automatically get membership of Diabetes New Zealand at no extra cost.

To join, choose one of the following three easy ways to tell us your details.

- Phone us FREE on 0800 369 636.
- Email your details to membership@diabetes.org.nz.
- Post the following membership application to us.

Joining Diabetes New Zealand – your benefits

- Home delivery of *diabetes* magazine four times a year, with healthy food choices, recipes, latest research, inspiring stories of people living with diabetes, product news, and tips on lifestyle, physical activity and wellbeing.

- Free diabetes management pamphlets.
 - Information on our award winning website www.diabetes.org.nz.
 - Advocacy for the welfare and rights of people with diabetes.
 - Research into the causes, treatments and prevention of diabetes.
 - Savings on a wide range of diabetes products.
 - Easy ordering for blood glucose test strips.
- All for a current subscription of only \$32 a year.

Joining your local society – your benefits

- Automatic membership of Diabetes New Zealand with all the associated benefits, including four issues of *diabetes* magazine a year, at no extra cost to your annual diabetes society subscription.

plus

- Support from others in your community who understand diabetes, with regular meetings, guest speakers, information sessions and social gatherings.
- Local society newsletters.
- Supermarket tours in many locations – learn the skills for reading food labels and making healthy food choices.

There are 39 societies, including four youth societies, throughout New Zealand and subscription fees vary.

Please visit our website or phone 0800 369 636 for details.



diabetes
new zealand

(When you join a local society, you automatically get membership of Diabetes New Zealand)

Title Mr Mrs Miss Ms Dr Prof

First Names _____

Last Name _____

Address _____

Gender Male Female

Phone Day (0) _____

Evening (0) _____

Mobile (0) _____

Email _____

Date of Birth _____

Occupation _____

Diabetes Year of Diagnosis _____

Type 1 Type 2 (on insulin) Type 2 (on oral medication) Type 2 (diet control) No diabetes Youth

Please join me as a member of my local diabetes society (phone 0800 369 636 for the subscription fee)

OR

Please join me as a direct member of Diabetes New Zealand. My cheque for \$32 is enclosed or charge my Visa/MasterCard:

Name on Card _____ Expiry date _____

Card No

Signature _____

Post or fax back to Diabetes New Zealand.

Diabetes New Zealand Incorporated

PO Box 12441, Wellington 6144

Email: membership@diabetes.org.nz

Membership Freephone: 0800 369 636

Fax: 04 499 7146 www.diabetes.org.nz



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