

To order pamphlets for people with diabetes



**Diabetes
New Zealand**

Diabetes New Zealand is a nationwide, non-profit organisation. Our aim is to support our members, local diabetes societies, and health professionals involved with diabetes. Diabetes New Zealand is the national advocate for people affected by diabetes. We raise awareness of diabetes, educate and inform, and support research into treatment, prevention and cure of diabetes.

You'll find helpful information in our range of pamphlets on pre-diabetes, living with diabetes, making healthy food choices, building up physical activity, driving, preventing complications, and managing pregnancy.

Order pamphlets for people with diabetes by posting this form to Diabetes Supplies Ltd, PO Box 54, Oamaru 9444 or faxing it to 03 434 5281. You can also download copies of the pamphlets from www.diabetes.org.nz

Although these items are free, we would appreciate a contribution towards freight charges. Freight costs of \$5 or over for large orders will be invoiced (except for diabetes societies).

Name _____
 Address _____

 Email _____
 Phone (Day) (0) _____
 For attention _____
 Date required by _____
 Signature _____

| Pamphlets | No. Required | Pamphlets/Other material | No. Required |
|---|----------------------|------------------------------------|--|
| Supermarket Shopping Guide | <input type="text"/> | Diabetes and Pregnancy | <input type="text"/> |
| Living with Diabetes and Insulin | <input type="text"/> | Diabetes and Driving | <input type="text"/> |
| Time to Shed Some Light on Type 2 Diabetes | <input type="text"/> | Membership Application Form | <input type="text"/> |
| Inā te kai ora /Here's Healthy Food | <input type="text"/> | Feet can last a lifetime A3 poster | <input type="text"/> |
| Testing Your Blood Glucose | <input type="text"/> | Feet can last a lifetime A4 poster | <input type="text"/> |
| Diabetes and Physical Activity | <input type="text"/> | Pre-diabetes A3 poster | <input type="text"/> |
| Walking for Health: a Guide to Using Pedometers - <i>available only with pedometer purchase</i> | <input type="text"/> | Pre-diabetes A4 poster | <input type="text"/> |
| Diabetes and Your Kidneys | <input type="text"/> | Post to: | Or fax to: |
| Diabetes and Your Feet | <input type="text"/> | Diabetes Supplies Ltd | 03 434 5281 |
| Pre-diabetes | <input type="text"/> | PO Box 54 | Email: |
| | | Oamaru 9444 | info@diabetes.org.nz |
| | | | www.diabetes.org.nz |